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### **CHILDREN BROCHURE**

**MORAVIAN CHURCH – BARBADOS CONFERENCE Provincial Theme: Advance the Kingdom: S.H.I.F.T.** 

S. – Seek & Submit H. – Hear & Heed I. – Imagine & Insight F. – Focus & Function T. – Totally Transformed

## S.H.I.F.T.

Age: 13 yrs. & Over

April 4

Sing with me:

Fill my cup Lord

https://www.youtube.com/watch?v=s4l2yY2r95g

Like the woman at the well I was seeking, For things that could not satisfy, And then, I heard my Saviour speaking, "Draw from my well, that never shall run dry."

Fill my cup Lord, I lift it up Lord! Come and quench this thirsting of my soul; Bread of heaven, feed me till I want no more, Fill my cup, fill it up, and make me whole. So, my brother, if the things this world gave you Leave hunger that won't pass away, My blessed Lord will come and save you, If you kneel to Him and humbly pray.

Fill my cup Lord, I lift it up Lord! Come and quench this thirsting of my soul; Bread of heaven, feed me till I want no more, Fill my cup, fill it up, and make me whole.

Memory verse: Matthew 5:6 NKJV

Blessed are those who hunger and thirst for righteousness, For they shall be filled.

#### Scripture: John 4:4 – 15 NKJV

#### Read with me

<sup>4</sup> But He needed to go through Samaria.

<sup>5</sup> So He came to a city of Samaria which is called Sychar, near the plot of ground that Jacob gave to his son Joseph. <sup>6</sup> Now Jacob's well was there. Jesus therefore, being wearied from His journey, sat thus by the well. It was about the sixth hour.

<sup>7</sup> A woman of Samaria came to draw water. Jesus said to her, "Give Me a drink." <sup>8</sup> For His disciples had gone away into the city to buy food.

<sup>9</sup> Then the woman of Samaria said to Him, "How is it that You, being a Jew, ask a drink from me, a Samaritan woman?" For Jews have no dealings with Samaritans.

<sup>10</sup> Jesus answered and said to her, "If you knew the gift of God, and who it is who says to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water." <sup>11</sup> The woman said to Him, "Sir, You have nothing to draw with, and the well is deep. Where then do You get that living water? <sup>12</sup> Are You greater than our father Jacob, who gave us the well, and drank from it himself, as well as his sons and his livestock?"

<sup>13</sup> Jesus answered and said to her, "Whoever drinks of this water will thirst

again, <sup>14</sup> but whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting life." <sup>15</sup> The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw."

Let us talk about it.



Food time! You must be hungry now. Before we eat, remember to thank God. Let us say our grace and thank God.

"Come Lord Jesus our guest to be, And bless these gives bestowed by Thee.

Bless our loved ones everywhere and keep them in thy loving care."

What makes you hungrier? A table laden with lots of food? No? Your favourite pizza with pepperoni topping? Macaroni and cheese pie, a must have on your plate on Sunday? Are you satisfied? We all know what it means to be hungry and thirsty when it comes to our bodies. Our stomachs start to growl, our mouths go dry. If we at school, we cannot think of the school work. If we are at home, we stand in the kitchen or sit at the table and make our mother miserable until the food is ready. When the food is ready, we eat till we are satisfied. Food is a basic need of the human body. Jesus knew this.

In Mark2:23 – 26, here is what Jesus said about satisfying your hunger. 23 Now it happened that He went through the grainfields on the Sabbath; and as they went His disciples began to pluck the heads of grain. 24 And the Pharisees said to Him, "Look, why do they do what is not lawful on the Sabbath?"

25 But He said to them, "Have you never read what David did when he was in need and hungry, he and those with him: 26 how he went into the house of God in the days of Abiathar the high priest, and ate the showbread, which is not lawful to eat except for the priests, and also gave some to those who were with him?"

But is that the food our memory verse is referring to? The memory verse talked about being hungry and thirsty for righteousness! What does it mean? It goes on to say if you thirst after righteousness, God will bless you. and you will be satisfied. Isn't that something?

In this beatitude, Jesus is not talking about being physically hungry and thirsty. He is talking about being spiritually hungry and thirsty. Remember, we talked about a physical heart? The organ which pumps blood throughout our body. We also talked about a spiritual heart. The part of us which leads us to what is right, what is good and pleasing to God. In a similar manner, we have a physical hunger and a spiritual hunger. We are desperately longing for the righteousness Jesus offers. When we hunger and thirst after righteousness, this means we want to live a godly life. When our heart is hungry and thirsty, we need to fill it with the righteousness of God. This means we really want to do the right thing. We really want to be right with God. We very much want to do the things that are pleasing to God. When you feel like being disobedient to your parents or to your teachers, stop and ask yourself, "is this pleasing to God?" When you are outside playing with your friends and you become angry because things are not going as you want, stop and ask yourself, "is this what Jesus wants?"

Jesus says if we really want to do the right thing, if we want to be right with God, He'll help us to do that. He will fill us up and show us how to do right things and how to be right with God.

Where do you go to find this spiritual satisfaction of food? We read the story of the Samaritan woman at the well. The woman went to the well to get water for her physical needs. There she met Jesus who asked her for some of the water to satisfy His physical needs. As a Samaritan, she knew this was forbidden. A Samaritan woman offering water to a man? Unheard of. But then, Jesus offered her spiritual water. Jesus knew she needed it, and she accepted. As Jesus told her, when you drink of the water I will give you, you will never thirst.

Can we do like the woman at the well and seek the water Jesus is giving? How is it in your cup? So, if you are hungry and thirsty for righteousness, where can you go to find satisfaction? Let us say, it is all in the Bible. But, where is your Bible? On the book shelf? In your book bag? In the box at church? On your study table? Is your Bible in a place where it is always in sight? How often do you open your Bible? How often in the last week did you read your Bible? When you hunger and thirst for righteousness, when you really want to be happy, when you really want to be satisfied, then you will follow the guidelines set out by Jesus, all found in the Bible. Read the ten commandments which God gave to Moses, and the two commandments Jesus gave. These are the ten commandments squeezed together.

Deuteronomy 5:6–21

#### The Ten Commandments

- 1. Thou shalt have no other gods before me.
- 6. Thou shalt not kill. 2. Thou shalt not make unto thee any graven 7. Thou shalt not commit
- adultery. 3. Thou shalt not take
- the Lord's name in vain.
- 4. Remember the Sabbath Day to keep it holy.

images.

8. Thou shalt not steal. 9. Thou shalt not bear false witness.

5.Honor thy Father and

thy Mother

10. Thou shalt not covet thy neighbor's house, wife or possessions.

Matthew 22: 36 - 40



#### Let us pray

Jesus, You said, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in me shall never thirst". I come to You, dear Jesus, asking You to feed me, just as You fed the 5000 persons with 5 loaves and 2 fishes, and just as You gave the woman at the well living water so that she will never thirst. I ask You, dear Jesus to strengthen my desire to seek You, to serve You, and to do Your holy will. Fill my cup Lord, with things that will satisfy. Guide me to do the things I am supposed to do so that I can make a difference to the world in which I live. This is my prayer in Jesus' name. Amen.

## Activity:



## Solutions for last week's quiz.

A	1	2	3	4	5	6	7	8	9	10
В	f	i	g	a	j	с	b	d	е	h

Easter traditions around the world.

<u>Germany</u>: In Germany, Easter is celebrated with Easter fires. Christmas trees are burned to show the end of winter and the beginning of spring. Everyone's house gets a good spring cleaning and small or branches are brought inside the house to be decorated with eggs.

Israel: Christians and Messianic Jews celebrate Easter with a sunrise service at the Garden tomb in Jerusalem. Easter mass is celebrated at the ancient Church of the holy Sepulcher. During this time, many people participate in possessions that travel the route that Jesus took to Golgotha. The route is called the Fourteen Stations of the Cross.

<u>Mexico</u>: Many people in Mexico participate in the re-creation of the Via Crucis (The way of the cross) on Holy Friday. They attend an evening mass, where they light candles at the altar. After mass, parishioners burn papier maché figures of Judas. Each figure is set on fire and then blown to pieces to symbolize the triumph of good over evil.

United Kingdom: Until the beginning of World War II skipping ropes was a popular Easter tradition. Many traditions are much like in the United States and the Caribbean. Usually on Good Friday, Easter eggs are decorated and Easter bread and hot cross buns are made. The Welch like to decorate the graves of family and friends on the Saturday before Easter. The colourful spring flowers are a celebration of the hope of resurrection Christians have in Jesus Christ.