



## CHILDREN BROCHURE

### MORAVIAN CHURCH – BARBADOS CONFERENCE Provincial Theme: Advance the Kingdom: S.H.I.F.T.

**S. – Seek & Submit**  
**H. – Hear & Heed**  
**I. – Imagine & Insight**  
**F. – Focus & Function**  
**T. – Totally Transformed**

## S.H.I.F.T.

**Age: 13 yrs. & Over**

May 9

Sing with me

Bless the Lord O my soul by Matt Redman

<https://www.youtube.com/watch?v=vSxocnIaN0A>

Memory verse:

**Psalms 34:1 NRSV**

I will bless the Lord at all times;  
his praise shall continually be in my mouth.

**Scripture: Psalm 34:1 – 10 NRSV**

**Read with me.**

1 I will bless the Lord at all times;  
his praise shall continually be in my mouth.

2 My soul makes its boast in the Lord;  
let the humble hear and be glad.

3 O magnify the Lord with me,  
and let us exalt his name together.

4 I sought the Lord, and he answered me,  
and delivered me from all my fears.

5 Look to him, and be radiant;

so your[a] faces shall never be ashamed.  
6 This poor soul cried, and was heard by the Lord,  
and was saved from every trouble.  
7 The angel of the Lord encamps  
around those who fear him, and delivers them.  
8 O taste and see that the Lord is good;  
happy are those who take refuge in him.  
9 O fear the Lord, you his holy ones,  
for those who fear him have no want.  
10 The young lions suffer want and hunger,  
but those who seek the Lord lack no good thing.

### **Let us talk about it**

This Psalm 34 was written of the time when David was fleeing from his great enemy, King Saul, who wanted to kill him, (1 Samuel 21:10-15). David's circumstances seemed to be so desperate, he left his own land and went to the coastal area of the Philistines to seek asylum with Achish, the king of Gath. But his reputation for killing "tens of thousands" of Philistines had preceded him. Moreover, David seems to have been in danger, because the story points out he was so afraid of Achish, he pretended to be insane in his presence, making meaningless marks on the gates of the city and letting the saliva run down his beard. It really was a time of great distress for David, one where he desperately needed God's help.

However, David still saw the need to praise God. In this psalm David starts by praising God for his goodness. He emphasizes that situations of distress and despair are occasions when God should be blessed and not forgotten or discarded. He sings his praise to God when others might be tempted to curse their enemies and feel nothing but self-pity.

Praising God simply means telling Him why and how much you love Him. It's like paying a compliment to God for all the things you like about Him. We can praise God by singing songs, just saying "thanks" for all He's blessed us with, and through pray. Just having a conversation with God and telling Him why we love Him. We do some of these at church every week. But you know what? God is with us all the time so we don't have to wait to go to church to praise Him. We can do it anywhere at any time. We can praise God even when we think we are having a bad day or when we're scared or nervous. God deserves our praise all the time and in everything we do.

David strived to exalt God at all times – even the worst of times. Normally, we may find it easy to praise God in good times, when everything seems to be going our way, but hard to boast in the Lord when we are afraid, or we find ourselves in difficult circumstances. Yet David was prepared to praise God even when he was in fear for his life. Yes, David feared for his life, but he also thanked God for supplying safe places for him. He had places where he could hide from his enemies.

Sometimes we are not running or hiding from an enemy. Our fear might be in ourselves. In verse 9 of the Psalm, David says we should fear the Lord. David goes on to explain what “fearing” the Lord actually means, and how we can do it. Verse 10 says we must trust God. In thinking about it:

- Fear is like a fire. It could burn your house down. Or it could cook a good dinner. It isn't good or bad in and of itself, but depending on how it's used, it could be either;
- Fear could be good if it stops you from doing things like jumping out of a window, or stealing something (fear of getting caught);
- But fear could also be bad if it stops you from doing something you should do, or something that God wants or calls you to do.

Let us consider the following fears, and decide as you read, if they are good or bad.

- You were given an assignment in class, where you have to stand before the class to report. But you are so scared. You are scared that you will forget what to say, you may be scared that your report is not as good as one of your classmates. You have always had problems speaking before a crowd. Your fear is so great. But like David you will start by praising God for the opportunity to show the world what you can do. You ask God to stand before you and hide you from your fears.
- Fear that in the gift exchange you won't get what you really want;
- Fear that you will be put to work on a project with someone whom you do not like;
- Fear that something bad will happen

These are only some of the fears we experience. I am sure you have other fears. Think of other fears you may have, and like David trust God to deliver you from your fears. So, no matter what happens, no matter what you fear, just keep praising and worshiping and praying to the Lord! He will “rescue you from all your trouble”!

## Let us pray

Heavenly Father, thank You for Your Word and the truths it contains. I pray like David, I would bless You at all times and in all circumstances. I pray I may develop an attitude of grateful thanks and worshipful praise in every area of my life - no matter how mundane the task may be. I pray that in all things and at all times I would seek to glorify You. In Jesus' name, AMEN.

Today is **Mother's day**.

Write a poem to your mother, or read this one to her.

## Mother's Day

By: [easyday.snydle.com](http://easyday.snydle.com)

You have given me life  
and showed me the light.  
Taught the strength to fight,  
and difference of wrong from right.

When there are problems,  
you always stay  
and pick me up along the way.  
Show your support come what may,  
do everything to make it fade away.

May you have a happy mother's day!  
I'll always be proud to say,  
you are the best of the most,  
and the top of the rest.



## ACTIVITY

### Activity 1:

Each number stands for a letter in the alphabet, as shown.

Write the correct letter in each space to find the coded words and complete the verse.

### CODE KEY

A 1	B 2	C 3	D 4	E 5	F 6	G 7	H 8	I 9	J 10
K 11	L 12	M 13	N 14	O 15	P 16	Q 17	R 18	S 19	T 20
U 21	V 22	W 23	X 24	Y 25	Z 26				

9 23 9 12 12 2 12 5 19 19 20 8 5 12 15 18 4 1 20 1 12 12 20 9 13 5 19

### Activity 2:

#### Word challenge

Make 40 or more words from the letters in the word:

### CONTINUALLY

Ask a friend to join you. Who can make the most words?

11 letters	9 letters	8 letters	7 letters	6 letters	5 letters	4 letters	3 letters	2 letters
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